



INTERNATIONAL CATHOLIC COMMUNITY

SACRED HEART OF JESUS CHURCH

July 16-17, 2016 151 Hong Feng Road, Pudong, Shanghai 201206, China 浦东金桥红枫路 151 号靠近碧云路

RECEIVING COMMUNION: Only baptized Catholics who have received First Holy Communion may receive Holy Communion. Adults and children who have not received first communion cannot receive Holy Communion.

RITE of CHRISTIAN INITIATION for ADULT (RCIA): A process for those who are curious about the Catholic Faith and who wants to become Catholic. Appropriate for people ages 7+ who are not yet baptized, for those who have been baptized in another faith and would like to become Catholic, and for Catholic who have not completed all of sacraments of initiation. Contact I-Chien at icliou@yahoo.com for more details.

PARKING: For everyone's safety, please park your car for free at the Marriott Pudong East basement garage on Xin Jin Qiao Lu across from the Church for Mass attendees. Please refrain from parking in the Church courtyard, except for the elderly & handicapped.

ST FRANCIS XAVIER CHURCH

185 Dongjiadu Road

English Masses:

Sat 5pm; Sun 11:00am

ST IGNATIUS CATHEDRAL

158 Puxi Road, Xujiahui

English Mass: Sun 12 noon

ST PETER'S CHURCH

270 S Chongqing Road, Puxi

English: Sat 5:00pm; Sun 11:00am

Korean: Sun 5:00pm

<http://SPICES.internationalparish.org>

DAILY READINGS

Sunday, July 17, 2016

1st Read: Genesis 18:1-10

Psalm: Psalms 15:2-3,4,5

2nd Read: Colossians 1:24-28

Gospel: Luke 10:38-42

Monday, July 18, 2016

1st Read: Micah 6:1-4,6-8

Psalm: Psalms 50:5-6,8-9,16-17,21,23

Gospel: Matthew 12:38-42

Tuesday, July 19, 2016

1st Read: Micah 7:14-15,18-20

Psalm: Psalms 85:2-4,5-6,7-8

Gospel: Matthew 12:46-50

Wednesday, July 20, 2016

1st Read: Jeremiah 1:1,4-10

Psalm: Psalms 71:1-2,3-4,5-6,15-17

Gospel: Matthew 13:1-9

Thursday, July 21, 2016

1st Read: Jeremiah 2:1-3,7-8,12-13

Psalm: Psalms 36:6-7,8-9,10-11

Gospel: Matthew 13:10-17

Friday, July 22, 2016

1st Read: 2 Corinthians 5:14-17

Psalm: Psalms 63:2,3-4,5-6,8-9

Gospel: John 20:1-2,11-18

Saturday, July 23, 2016

1st Read: Jeremiah 7:1-11

Psalm: Psalms 84:3,4,5-6,8,11

Gospel: Matthew 13:24-30

Calling all Students Aged 7-18 for Altar Servers Ministry!

Register now for school year 2016-17. If you have received Holy Communion and are interested, please send Full name, Birthdate, Contact Person, Contact's Email address, Contact's mobile number, Saturday or Sunday Mass preference to altarservers@sacredheartpudong.com.

Bring the Year of Mercy to Life!

During this year of Mercy, would you do more to help those in need? The Sacred Heart of Jesus Parish Council invites you to join us in sharing God's mercy! Sign up to volunteer for:

- **Caritas Shanghai**
 - Migrant Children Education Program
 - Medical support for orphans and impoverished families
 - Cancer Early Education Project
- **WILL Foundation**
 - Weekend hosting family
 - Baking homemade food for the WILL children
- **New Ministries – Agape Meal Ministry & Grief Ministry**

Please email Clare at cchui102@icloud.com if you want to volunteer your time.

CHURCH CLERGY

Rev. Joseph Zeng: Pastor of the Chinese Community

Rev. Francis Fang: Pastor of the International Community

Contact

Mobile: 138-1750-3946

E-mail: bkfang@yahoo.com

MASS SCHEDULE

Sunday

Chinese: 7:00 am

English: 10:30

Saturday

Chinese: 7:00 am

English: 5:00 pm

Weekdays

Chinese: 7:00 am

For additional community resources, please visit our website:

www.sacredheartpudong.com.

CONFESSION

20 minutes before English Mass.

ROSARY PRAYER GROUP

Sundays after Mass & Mondays at 10:30am in Room 104 (except during public & school holidays).

Help Wanted!

The Children's Religious Ed program is still seeking one or more people to lead next year's First Communion program. Please consider volunteering your time for our parish's children. If you have interest or questions, please contact Josie Shen (josieshen@sbcglobal.net or mobile: 130-0315-2260)

Sunday's Readings**First Reading***Genesis 18:1-10a***Responsorial Psalm***Psalm 15:2-5***Second Reading***Colossians 1:24-28***Gospel Reading***Luke 10:38-42***Gospel Reflection**

Please visit www.sacredheartpudong.com for the gospel reflection.

Reflection of the Week**LIFE'S DISTRACTIONS**

Both Mary and Martha are disciples of Jesus. These two women deal with Jesus' visit in two different ways. It is certainly important to observe something just now: it was not an either/or proposition for them or for us. We do not have to choose between worshiping the Lord like Mary or serving the Lord like Martha. Neither does there need to be such a conflict between our physical or secular needs and our spiritual growth. Sadly, that is exactly what many believers end up with. A careful reading of the context shows us that Mary had been in the kitchen with Martha until Jesus started teaching. Note Martha said that her sister had left her alone to do all the serving. But Jesus knows that neither Mary nor Martha can live by bread alone. It was now time to digest some spiritual bread and feed the soul. Martha was being distracted from her soul's needs by other things. The other things in this case are not bad things. Sometimes, even good things can fill up our lives to the point where we neglect our souls. God has not blessed us with our families, friends, jobs, abilities and other gifts to give us an excuse to abandon a close walk with Him.

DO NOT LET SO MANY THINGS WORRY YOU

"But the Lord answered and said to her, 'Martha, Martha, you are worried and bothered about so many things.'" (LUKE 10:41). Anxiety is a killer. Many of the physical and mental ills of our present day are stress related. And Martha is certainly a stressed out lady at this point in time. Her exasperation can be seen in the way she forms her question, "Lord, do You not care...?" I can well imagine her "stewing" for a time in the kitchen (where else would you stew?) before being emboldened to charge into the room in such a way. And certainly the Lord does care, but not nearly as much about the problem as Martha sees it as He does about the real problem of which Martha is unaware. The Lord is more concerned about Martha's state of mind and priorities than He is about being served a feast later on. Where faith grows, anxiety lessens. Having the correct set of priorities (putting His kingdom first) will greatly reduce your chance of heart attack.

THE NECESSARY THING

The good part which Mary had chosen was to listen to the Lord's teaching. In the final scheme of things, the things Jesus said that day were of much more importance than what He ate. Today, if we are too busy to commune with the Lord; to pray and study His word; to meditate on life's purpose and to enjoy a peaceful, private time with Him, then there is something horribly wrong with our practice. If our walk of faith consists mainly of going to church and then on with life's busy day, then we are not receiving of the goodness that the Lord has planned for us. And if we are so hassled by the routines of daily existence that we find ourselves lashing out at those we love as Martha did on that occasion, then isn't that a good indication that something needs fixed?

THE RESURRECTION AND THE LIFE

After Lazarus had died, and as Jesus approached Bethany, it was Martha who ran to meet Jesus while Mary remained at the house. Her first words seem to mingle faith and complaint. While one does not want to condone the complaint, it must be understood that many of the faithful have complained about one thing or another. Abraham, Job, Moses, David and Jeremiah to name a few. God seems to have more patience with this than He does with faithless grumbling and foolish accusations such as those made by the Israelites in the wilderness. Martha's faith in Jesus never wavered. Faith overcomes the world. Without faith it is impossible to please God. For that reason, the gospel is taught that men and women might be led to the obedience of faith.

Jesus approached the tomb where Martha's brother's body lay. Four days before he had died. But the One with the keys to death and Hades was about to call Lazarus back to this realm. Martha would soon be reunited with her brother.

A BALANCED APPROACH TO SERVING JESUS

Here we find Martha serving again. This time the purpose of the gathering is to have supper. The end of Jesus' ministry is approaching, and it seems as if both Mary and Martha are far more aware of the fact than even the apostles. Mary anoints Jesus' feet with costly perfume and weeps openly. Martha does the thing she evidently knew the best. She fixes our Lord a dinner for perhaps her last time. No complaint this time. The Lord is about to go to the place from which He had called Lazarus. But remember who we are talking about. It is Jesus, whom Martha had identified as the Christ, the Son of God. Jesus had identified Himself as the resurrection and the life. He had proven it by raising her brother from the dead. He would prove it again on the third day following His own death. He would live again!

Source: Jon W. Quinn. Expository Files 1.3; March, 1994

Edited by: Alexandra Gandy

Contact us at: info@sacredheartpudong.com