



INTERNATIONAL CATHOLIC COMMUNITY

SACRED HEART OF JESUS CHURCH

March 26-27, 2016 151 Hong Feng Road, Pudong, Shanghai 201206, China 浦东金桥红枫路 151 号靠近碧云路

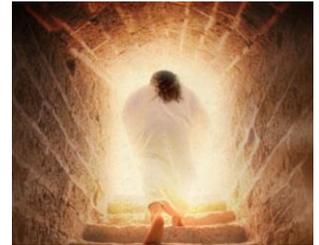
RECEIVING COMMUNION: Only baptized Catholics who have received *First Holy Communion* may receive Holy Communion. Adults and children who have not received first communion *cannot* receive Holy Communion.

RITE of CHRISTIAN INITIATION for ADULT (RCIA): A process for those who are curious about the Catholic Faith and who wants to become Catholic. Appropriate for people ages 7+ who are not yet baptized, for those who have been baptized in another faith and would like to become Catholic, and for Catholic who have not completed all of sacraments of initiation. Contact I-Chien at icliou@yahoo.com for more details.

PARKING: For everyone's safety, please park your car for free at the Marriott Pudong East basement garage on Xin Jin Qiao Lu across from the Church for Mass attendees. Please refrain from parking in the Church courtyard, except for the elderly & handicapped.



ALLELUIA!
HE IS RISEN!



ST FRANCIS XAVIER CHURCH

185 Dongjiadu Road

English Masses:

Sat 5pm; Sun 11:00am

ST IGNATIUS CATHEDRAL

158 Puxi Road, Xujianghai

English Mass: Sun 12 noon

ST PETER'S CHURCH

270 S Chongqing Road, Puxi

English: Sat 5:00pm; Sun 11:00am

Korean: Sun 5:00pm

<http://SPICES.internationalparish.org>

DAILY READINGS

Sunday, March 27

1st Read: Acts 10:34,37-43

Psalm: Psalms 118:1-2,16-17,22-23

2nd Read: Colossians 3:1-4

Gospel: John 20:1-9

Monday, March 28

1st Read: Acts 2:14,22-33

Psalm: Ps 16:1-2,5,7-8,9-10,11

Gospel: Matthew 28:8-15

Tuesday, March 29

1st Read: Acts 2:33-41

Psalm: Psalms 33:4-5,18-19,20,22

Gospel: John 20:11-18

Wednesday, March 30

1st Read: Acts 3:1-10

Psalm: Psalms 105:1-2,3-4,6-7,8-9

Gospel: Luke 24:13-35

Thursday, March 31

1st Read: Acts 3:11-26

Psalm: Psalms 8:2,5,6-7,8-9

Gospel: Luke 24:35-48

Friday, April 1

1st Read: Acts 4:1-12

Psalm: Psalms 118:1-2,4,22-24,25-27

Gospel: John 21:1-14

Saturday, April 2

1st Read: Acts 4:13-21

Psalm: Psalms 118:1,14-15,16-18,19-21

Gospel: Mark 16:9-15

Congratulations

Please give a warm welcome to the newest members of the Sacred Heart of Jesus Catholic Church:

Nugraha Thaib & Chih-Jung Chen who received the Sacrament of Baptism.

Paul Doran, who received the Sacrament of Confirmation.



CHURCH CLERGY

Rev. Joseph Zeng: Pastor of the Chinese Community

Rev. Francis Fang: Pastor of the International Community

Contact

Mobile: 138-1750-3946

E-mail: bkfang@yahoo.com

MASS SCHEDULE

Sunday
Chinese: 7:00 am
English: 10:30

Saturday
Chinese: 7:00 am
English: 5:00 pm

Weekdays
Chinese: 7:00 am

CONFESSION

20 minutes before English Mass.

ROSARY PRAYER GROUP

Sundays after Mass & Mondays at 10:30am in Room 104 (except during public & school holidays.)

Thought of the Day

“Easter spells out beauty, the rare beauty of new life”

-S.D. Gordon

YOU ARE INVITED TO ATTEND WORLD YOUTH DAY 2016 IN POLAND this summer.

If you are *16 or older and want to join up with the group representing Shanghai Catholics as a pilgrim*, please contact (Albus at albertpioq07@gmail.com or in Wechat at [albuspioq07](#))

**YOU CAN also BECOME A VOLUNTEER AT WYD POLAND**

World Youth Day is an event that couldn't exist without volunteers. If you are 18 (or will be 18 at the end of June 2016), and: You speak foreign languages, are open and communicate well, a quick learner, and above all you are driven by deep need to serve God and people, then....
APPLY @ <http://www.krakow2016.com/en/become-a-volunteer>



Krakow
WYD
 2016

**What is World Youth Day (WYD)?**

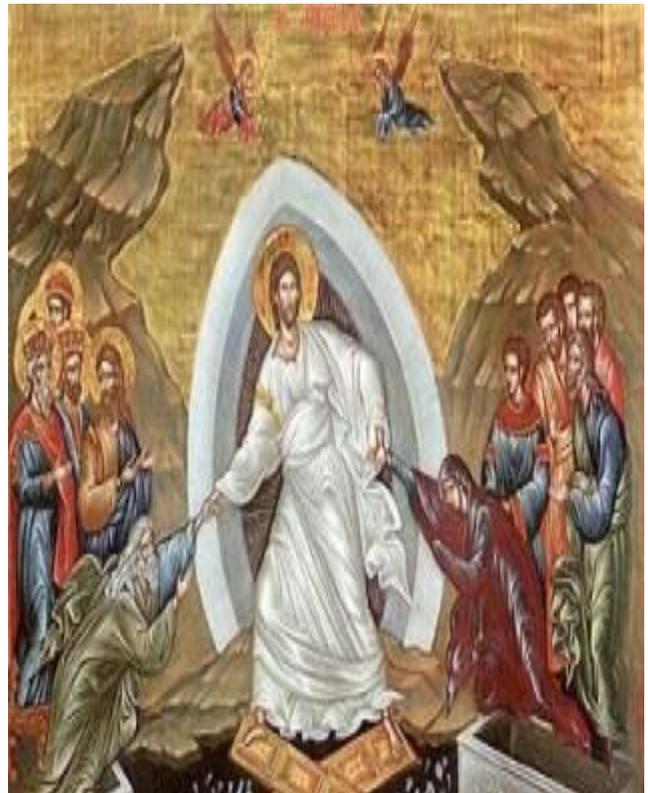
World Youth Day began in the early 1980s with an invitation from St. John Paul II inviting young people to attend an International Jubilee of Youth in St. Peter's Square. This event has grown to be the single largest, international gathering of young people the world has ever seen. WYD attracts pilgrims from some 200 nations who gather to celebrate their faith in the Catholic Church.

VISIT WEBSITE @ <http://www.krakow2016.com/en/>

EASTER INVITE

After our 10:30 Mass, please stay for some fellowship and fun. Our children will be delighted to search the grounds for candy filled eggs while our families and adults enjoy coffee brewed onsite by Zoo Coffee with mini cookies. Before you celebrate as a family, make sure to celebrate with your church family for the Lord's Resurrection! A special gift will be given to all families. We hope to see you on Easter Morning!

Eggs filled and generously provided by our youth ministry. Coffee donated by New York Dental Clinic.



Easter's Readings**First Reading***Isaiah 65:17-25***Responsorial Psalm***Psalm 118:1-2, 14-24***Second Reading***Acts 10:34-43***Gospel Reading***Luke 24:1-12***Gospel Reflection**

Alleluia! Jesus Christ is risen from the dead! He is risen indeed! Alleluia! In the name of Jesus. Amen.

And they went out and fled from the tomb, for trembling and astonishment had held them and they said nothing to no one for they were afraid.

Yet, the women today were going with spices. Why? To prepare a dead body. A dead Jesus. What else did the world expect? They expected the dead to stay dead. And Jesus was so dead, so fast on Good Friday, that they didn't have time to.. well to prepare His dead body. Dying for the sin of the world would kill anyone fast - even God. So, after the Sabbath, the ladies returned to do what was fitting for their teacher.

Yet, they were still lost in their sins and fears. Worried about one thing: Who will roll away that big stone?

But, that big stone wasn't a problem. It was rolled away. Neither did they need the spices. There was no dead body in that tomb. Instead they saw a young man, an angel in white.

Don't be alarmed. You seek Jesus of Nazareth who was crucified. He has risen. He is not here. See the place where they laid Him. But, go and tell His disciples and Peter that He is going before you to Galilee. There you will see Him, just as He told you.

Joyful news! Easter news! You don't find a living savior in a tomb for dead people. He's alive. He's risen! He's risen indeed! Alleluia. The One crucified under Pontius Pilate has risen from the dead! He is risen indeed. Alleluia!

Jesus is alive. He is not in the tomb. Not where dead people hang out. He has risen from the dead, just as He promised.

And don't miss that little statement: "who was crucified." Same Jesus who died, rose. He paid the cost of your salvation and it killed Him. Saving you killed the Son of God. He sacrificed Himself for your sins. This morning, we see that His sacrifice was acceptable of God. That's the Easter triumph! That's the Easter joy! His sacrifice has made you acceptable to God. Even you - with all your sins, fears, and failures.

Today, like the women, you have heard the message that Christ has risen from the dead. He has burst into your world and engaged you with His Word. How will you be after His forgiveness? How will you live? You can go back home afraid and trembling. Living for yourself. Back to the filth on your computers, television, or movie collection. You can go back to your lying and gossip. You can go back to cheating to get by and continue living as if there is no God, as if Christ hasn't risen. And trembling and afraid, you can live as if this was just another Easter, another Easter Service to cross off before Christmas. Or you can leave here raised from the dead by the Word. Alive to God. Dead to the world that you used to live in.

Dead to your sins, dead to living for yourself, dead to the fear of death, dead to having to push yourself forward in front of the next person.

No more fear. No more trembling. No living scared. No more having to take what isn't given you because you are afraid that it won't be given to you. No more looking over your shoulder afraid of death. All of that died with Jesus and is in the tomb. He is not there. You are not there either. Don't live that way any more. Not after this Easter.

Today, you are different, born from above, born anew in the waters of your baptism. Yes, you are the same as when you came in the doors. But, you are different in that now you have heard the word that the Jesus you sought has risen from the dead. Just as He said!

Today, everything changes. Because of that Gospel! Everything about you. Everything that you knew before, everything. Everything. That's your whole life. From the reason to get up in the morning, to how you raise your kids, to how you deal with those around you, how you work, how you spend your money, how you go to church, how you forgive your enemies, how you handle your good days, how you handle your bad days, how you live with those you love, how you treat those you don't. Stop your fears. God is not angry with you any more. He has burst into your world and conquered everything that you could fear.

Your sins? He died for them. Your pain? He endured it. Your loneliness? The punishment you deserve from Almighty God? He suffered it. And death? HA! He's conquered death. As certainly as Christ has risen from the dead. Death has swallowed up in victory! The Victory of the Son of God who loved us and gave up His life for us.

His victory, is your victory - over sin, death, and the power of the devil. He is alive. You are alive too in Him.

And not alive some other time, not raised only raised on the Last Day. No, you are alive *today* to live for others. You have been raised *today* to tend to those who you are given to love. Alive to put the needs of others before yourself.

So, do what the ladies were given to do that Easter morning: Receive Jesus in the Word! Receive the message of the angels. Jesus who was crucified has risen from the dead. He's alive. You are alive too.

Leave your sins behind. Leave the death and fears behind. Leave them in the tomb. No more living each day as Jesus didn't die and rise again for you. He rose. He's alive and you are alive in Him.

Come to His Supper. Receive the Body and Blood of the crucified and risen Lord. Depart His Supper enlivened. Walk away alive - a new creation - living for others.

For...the Fast is over. The waiting is done. The Paschal Candle is lit symbolizing a living Savior. No more holding back. The celebration has begun. A celebration that will last far longer than the Easter season. It will go on through all eternity.

Alleluia! Jesus Christ has risen from the dead. He has risen indeed. Alleluia! In the name of Jesus. Amen.

*Written by the Rev. George F. Borghardt III
Edited by the Bulletin Editor Alexandra Gandy*

Marriage Moment

Instead of numbing yourself with a heartless device that cares nothing about your relationships, carve out 15 minutes of your evening with your spouse and do two things:

- 1. Inquire about your spouse's heart.** Ask "What's on your heart today?" and "How are you feeling?" But here's the kicker: make it a priority to not fix anything! Just sit with your spouse, with no condemnation, and listen to his or her most prevalent feelings from the day. Don't try to fix it; just validate it.
- 2. Then share your heart with your spouse.** Use feeling words to describe your day. "I felt sad when..." or "I felt angry at..." Simply using feeling words engages both sides of the brain and strengthens our bond with others.

Practice this for 15 minutes even if it's just a few times a week. The investment is worth it, both for you and your kids. Practice them, especially during heated exchanges.

When we practice with our spouse the emotion-coaching skills we learned for connecting with our kids in emotionally charged moments—acknowledging our spouse's feelings, showing empathy, and problem solving together—research shows we experience more marital satisfaction over time and grow a deeper connection that our kids will learn to imitate.

Written by Joshua Straub, author of *Safe House: How Emotional Safety Is the Key to Raising Kids Who Live, Love, and Lead Well*; and former senior director of professional development for the American Association of Christian Counselors

I AM THE Resurrection
AND THE Life,
HE THAT
Believeth
IN ME, THOUGH HE WERE DEAD,
YET SHALL HE
Live.
~JOHN 11:25

An Emmaus Experience A Retreat for Woman



“Come journey...

...down the road to
Emmaus...”

This retreat experience is based on the scripture found in the Gospel of Luke 24:13-35. The main theme of this retreat is to discover or rediscover Jesus in our lives.

This retreat will be held at the Guang Qi Training Center the weekend of April 15-17, 2016. This is a retreat that you will not want to miss. The cost is 700 RMB (includes transportation, room, food, and program.) Payment is due at time of registration. Registration will be held after all Masses from March 12 through April 10.

For more information contact Contact: Marie Metzger at mdsemetzger01@yahoo.com or 18512139046.

EASTERTIME PRAYER

Begin with Sign of the Cross.

Risen Lord,
we greet you with joy
this Easter season,
and we thank you for the
gift of new life.
Bless our food,
our family,
and our friends,
and help us
to celebrate the springtime
in our hearts
as we rejoice
in the good news
of your resurrection.
Alleluia! Amen.

Conclude with Sign of the Cross.

For additional community resources and information, please visit our website:

www.sacredheartpudong.com

Contact us at: info@sacredheartpudong.com