



# INTERNATIONAL CATHOLIC COMMUNITY

## SACRED HEART OF JESUS CHURCH

February 20-21, 2016 151 Hong Feng Road, Pudong, Shanghai 201206, China 浦东金桥红枫路 151 号靠近碧云路

**CHURCH CLERGY** Priests: Rev. Joseph Zeng, Pastor of Chinese Community  
Rev. Francis Fang, Pastor of International Community  
Mobile: 138-1750-3946 E-mail: bkfang@yahoo.com

**MASS SCHEDULE**  
Sunday Masses: 8:00 am (Chinese); 10:30 am (English)  
Saturday Masses: 7:00 am (Chinese); 5:00 pm (English)  
Weekday Mass: 7:00 am (Chinese); Monday to Friday

**CONFESSIONS** Saturday and Sunday 20 minutes before the English Masses

**RECEIVING COMMUNION** Only baptized Catholics who have received *First Holy Communion* may receive Holy Communion.  
Adults and children who have not received first communion *cannot* receive Holy Communion.

**RITE of CHRISTIAN INITIATION for ADULT(RCIA):** A process for those who are curious about the Catholic Faith and who wants to become Catholic. Appropriate people (ages 7+) who are not yet baptized, for those who have been baptized in another faith and would like to become Catholic, and for Catholic who have not completed all of Sacraments of Initiation. Contact I-chien at icliou@yahoo.com for more details.

**ROSARY PRAYER GROUP:** Sundays after Mass & Mondays at 10:30am in Room 104 (except during public & school holidays.)

**PARKING:** For everyone's safety, please park your car for free at the Marriott Pudong East basement garage on Xin Jin Qiao Lu across from the Church for Mass attendees. Please refrain from parking in the Church courtyard, except for the elderly & handicapped.

### ST FRANCIS XAVIER CHURCH

185 Dongjiadu Road  
English Masses:

Sat 5pm; Sun 11:00am

### ST IGNATIUS CATHEDRAL

158 Puxi Road, Xujiahui

English Mass: Sun 12 noon

### ST PETER'S CHURCH

270 S Chongqing Road, Puxi

English: Sat 5:00pm; Sun 11:00am

Korean: Sun 5:00pm

<http://SPICES.internationalparish.org>

### DAILY READINGS

#### Sunday, February 21, 2016

1<sup>st</sup> Read: Genesis 15:5-12,17-18

Psalm: Psalms 27:1,7-8,9,13-14

2<sup>nd</sup> Read: Philippians 3:17-4:1

Gospel: Luke 9:28-36

#### Monday, February 22, 2016

1<sup>st</sup> Read: 1 Peter 5:1-4

Psalm: Psalms 23:1-3,4,5,6

Gospel: Matthew 16:13-19

#### Tuesday, February 23, 2016

1<sup>st</sup> Read: Isaiah 1:10,16-20

Psalm: Psalms 50:8-9,16-17,21,23

Gospel: Matthew 23:1-2

#### Wednesday, February 24, 2016

1<sup>st</sup> Read: Jeremiah 18:18-20

Psalm: Psalms 31:5-6,14,15-16

Gospel: Matthew 20:17-28

#### Thursday, February 25, 2016

1<sup>st</sup> Read: Jeremiah 17:5-10

Psalm: Psalms 1:1-2,3,4,6

Gospel: Luke 16:19-31

#### Friday, February 26, 2016

1<sup>st</sup> Read: Genesis 37:3-4,12-13,17-28

Psalm: Psalms 105:16-17,18-19,20-21

Gospel: Matthew 21:33-43,45-46

#### Saturday, February 27, 2016

1<sup>st</sup> Read: Micah 7:14-15,18-20

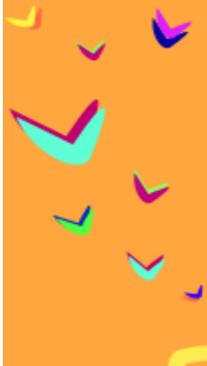
Psalm: Psalms 103:1-2,3-4,9-10,11-12

Gospel: Luke 15:1-3,11-32

### Lenten Retreat on

## "Vibrant Spirituality"

"In Him I live and breathe and have my being" – Acts 17:28



A "live-in" retreat with spiritual direction by Father Simon Pereira, a dynamic and inspiring Redemptorist preacher and retreat master from Singapore.

**Date:** Friday, March 4 (6:30pm) till Sunday, March 6 (3pm)

**Venue:** Guang Qi Spiritual Centre in Jinze

**Cost:** RM450 (includes room, food and transportation)

Limited spaces (20 retreatants) on first come and first paid basis

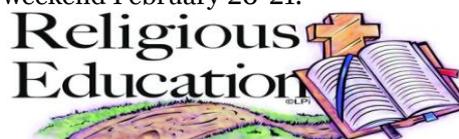
**Contact:** Anne at anneteh2@outlook.com

For the international Catholic community

### RELIGIOUS EDUCATION CLASSES RESUMES

#### THIS WEEKEND

Following the Chinese New Year break, the following classes will resume this weekend February 20-21.



The classes are:

- Children's Liturgy
- First Communion
- Catechism
- Confirmation

### STATIONS OF THE CROSS & LENTEEN SOUP SUPPER

Sacred Heart of Jesus is offering Stations of the Cross and Lenten Soup Supper on Friday evenings 6:30-8:15pm during Lent. Come join us and bring your family to walk with Jesus and eat a simple supper with friends. All are welcome!

**Hosted & Led by:**

**Feb 26** – Religious Ed / AS / Ushers

**Mar 4** – Choir

**Mar 11** – Couples of Christ

**Mar 18** – Adult Faith Formation + Youth Group

# Youth Rally Weekend

## March 11th & 12th



Chen Wen Bo and his parents are from the Pongpu County in Anhui Province. Wen Bo was born in July of 2013 and his complexion has been purplish since birth. He was diagnosed with congenital heart problems in a hospital in Nanjing. Remedial surgical costs were high and Wen Bo's parents approached a few local charities for help but to no avail. His case was eventually referred to Caritas Shanghai in September 2013 when he was admitted to the Shanghai Children's Medical Center. He had an emergency open heart surgery to widen the pulmonary artery to enable better blood flow and a higher saturated blood oxygen level.

Presently, Wen Bo is in need of another surgery to replace a valve in the heart, which will be costly and potentially life threatening. Dr. Zhu Zhong Qun from SCMC explained that there are risks for both the actual surgery and post surgery. As the child needs to go undergo a second surgery, his other organs will be "sticking" together, and, since his heart is enlarged, there is a risk of the heart bursting during the surgery. For post surgery, there is a risk that the valve might be rejected, and his body might need a long time to recover.



This has been a difficult, costly, and risky process, but this little boy and his family deserve the chance. Caritas Shanghai is pleased to report that, together with Rotary Club and Heart to Heart Shanghai, they will be able to help cover the costs of Wen Bo's surgery. Caritas Shanghai hopes to assist Wen Bo and his family with partial coverage of the follow up care and procedures. We ask for continued prayers and support for this little boy and his family. If you would like to offer some help to the family, please contact Clare Chui at [clare@caritasshanghai.com](mailto:clare@caritasshanghai.com).

# Vibrant Spirituality

Hosted by the Catholic International Church Community of Shanghai  
Guest speaker is dynamic retreat master, Fr. Simon Pereira of Singapore

Change the way you view your relationship with Jesus.

Be vibrant.

Be like Christ.

Teens (11 yrs - 18 yrs) of all faith expressions welcomed

March 11, Friday  
6:30pm-9:30pm  
AND  
March 12, Saturday  
8:30am-4pm

Venue: Concordia International School  
Shanghai  
(999 Mingyue Road, JinQiao, Pudong)

Contact: Lisa D'Souza at  
[shiyouthgroup@gmail.com](mailto:shiyouthgroup@gmail.com) or we chat:  
lisa51372  
Registration form: <https://form.jotform.me/60318890697468>

## HOSPITALITY HELP NEEDED



We are looking for volunteers to help with monthly coffee, the Station of the Cross soup, Easter egg hunt, and the Feast of Pentecost celebration.

It is a great and fun way to serve and meet people.

Please contact Norma at [taklanazy@yahoo.com](mailto:taklanazy@yahoo.com)

## MARRIAGE MOMENT

### RHYTHM

In every relationship, there are two rhythms one belonging to each spouse. Some people are *slow-walkers* who like to stroll through life; others are *quick-steppers* who like to keep a fast pace. When two spouses have different rhythms, big strains in the relationship can occur, especially if one spouse expects the other to match their own style.

*We should learn to love and celebrate both our own rhythm, and that of our loved one, but we must also learn to accept that our spouse may not want to walk at the same pace we enjoy. So, use compromise and learn to understand, not fight, the rhythms of those you love.*

### Thought of the Day

"If we are not able to forgive ourselves, then we are no longer able to forgive period."

-Pope Francis (General Audience, 13 May 2015)

## **BACKGROUND OF THE GOSPEL READING**

### **First Reading**

*Genesis 15:5-12,17-18*

God makes a covenant with Abraham, promising him many descendants.

### **Responsorial Psalm**

*Psalm 27:1,7-8,8-9,13-14*

A prayer to God, who is our salvation

### **Second Reading**

*Philippians 3:17-4:1* (or shorter form, *Philippians 3:20-4:1*)

Paul encourages the Philippians to remain firm in their faith that Christ will subject all things to himself.

### **Gospel Reading**

*Luke 9:28b-36*

Jesus is transfigured in the presence of Peter, John, and James.

On the second Sunday of Lent, we move from Jesus' retreat to the desert and temptation by the devil to the glory shown in Jesus' Transfiguration. On the first Sunday of Lent, our Gospel always tells the story of Jesus' temptation in the desert. On the second Sunday, we always hear the story of Jesus' Transfiguration.

The report of Jesus' Transfiguration is found in each of the Synoptic Gospels: Matthew, Mark, and Luke. The context for Luke's Transfiguration story is similar to that found in both Matthew and Mark. The Transfiguration occurs after Peter's confession that Jesus is the Messiah and Jesus' prediction about his Passion. After the prediction, there is a discussion of the cost of discipleship in each of these Gospels. The placement of the Transfiguration story close to Peter's confession and Jesus' prediction encourages us to examine the Transfiguration in the larger context of the Paschal Mystery. The Transfiguration occurs on a mountain in the presence of just three of Jesus' disciples—Peter, James, and John. These are amongst the first disciples that Jesus called in Luke's Gospel. We recently heard this Gospel at Mass, on the fifth Sunday in Ordinary Time. Only Luke's Gospel, which often describes Jesus at prayer, indicates that Jesus is praying as his appearance changes to bright white. Luke indicates that the three disciples were sleeping while Jesus prayed. They will be sleeping again as Jesus prays in the Garden of Gethsemane before his Passion and death.

As they awake, Peter and the disciples see Jesus Transfigured and Elijah and Moses present with Jesus. Elijah and Moses, both significant figures in the history of Israel, represent Jesus'

continuity with the Law and the Prophets. In Matthew's and Mark's Gospels, there is reference to conversation among Jesus, Elijah, and Moses, but only Luke's Gospel explains that this conversation is about Jesus' later accomplishments in Jerusalem. Luke describes this as his exodus, connecting Jesus' Passion, death, and Resurrection with the Israel's Exodus from Egypt.

On witnessing Jesus' Transfiguration and seeing Jesus with Elijah and Moses, Peter offers to construct three tents for them. We also notice that Peter reverted from his earlier confession that Jesus is the Messiah



, calling Jesus "master" instead. As if in reply to Peter's confusion, a voice from heaven speaks, affirming Jesus as God's Son and commanding that the disciples listen to him. This voice from heaven is the same voice that was heard at Jesus' baptism, which, in Luke's Gospel, spoke directly to Jesus as God's Son.

In his Transfiguration, we see an anticipation of the glory of Jesus' Resurrection. In each of the reports of the Transfiguration, the disciples keep secret what they have seen. Not until they also witness his Passion and death will the disciples understand Jesus' Transfiguration. We hear this story of Jesus' Transfiguration early in Lent, but we have the benefit of hindsight. In our hearing of it, we anticipate Jesus' Resurrection even as we prepare to remember Jesus' Passion and death.

## **GOSPEL REFLECTION**

### **No cross, no crown**

There is a story about a man who complained about his work. Everyday for 20 years he looked at his table piled high with unfinished matters, letters unanswered, bills unpaid.

But he had always had time to do what he wanted.

One night as he slept, he dreamed that he was in a large room with a mahogany

table before him, clean and bright. Everything was in order, his businesses were finished and problems settled.

Finally, he had caught up and there was no more drudgery of work. He was happy and at peace.

Or was he? As he looked outside, he saw his lawn neat and orderly. "What do I do now?" he asked himself as he started to get bored. The postman on the street was whistling, and he greeted him. The postman had no letters for him; he was just out for a walk.

"Please tell me," the man said, "what place is this?" "Why, don't you know?" replied the postman. "This is Hell!"

Many of us, knowingly or otherwise, are like that man. We want success without the struggle, we want fulfillment without hard work.

The TRANSFIGURATION of Christ commemorated this second Sunday of Lent brings home the lesson that we cannot achieve success unless we work and work hard.

Christ's transfiguration depicts a glimpse of Christ's glory, a preview of his resurrection. Theologians say that this glorious episode took place in the season of Lent in order to cushion the impact of the terrible suffering of Christ in the succeeding days.

The glorious event of Christ's Resurrection had to be achieved with the greatest of pain. This truth applies in every human endeavor. Hence, the sayings, "No guts, no glory," "No pain, no gain," "No cross, no crown."

Strictly speaking, it was not necessary for Jesus to undergo the terrible, bloody suffering. He could have redeemed mankind without shedding a single drop of blood. But the historical truth is that he chose to save us the hard way.

Jesus was conveying the message: In order to obtain success, you must take responsibility.

This truth applies in every human endeavor. You cannot pass an exam if you don't put effort in studying. You cannot be a champion unless you undergo the long, dreary hours of training. You won't get promoted unless you put in the extra effort.

A Christian without the cross is contradiction — much like that man in the above story who wanted a fulfilled life without hard work.

In this season of Lent, let us look at our work, our sufferings as a unique gift from God and unite them with the sufferings of the Lord. Thus, make them spiritually MERITORIOUS.

*Written by Fr. Bel R. San Luis, SVD (Word Alive Column)*

**THE SECOND WEEK OF LENT**

We continue the first part of Lent, during which we learn, along with those preparing for Baptism, wonderful lessons in our faith.

We can feel the rhythm developing. Sunday is always our celebration of the Lord's resurrection, and establishes our theme for the week. Wednesdays and Fridays remind us of our commitment to a change of heart. Monday, Tuesday and Thursday re-introduce us to wonderful scriptures for our journey. Saturday is always uplifting and joyful.

**DAILY LENTEN CHALLENGES**  
**SECOND WEEK OF LENT**
**February 21**

Forego a favorite TV program for a week.

**February 22**

Go through your closets and donate usable clothing and household goods to a local charity.

**February 23**

Pay attention to someone you are tempted to brush aside.

**February 24**

Fast from gossip.

**February 25**

Pray at the sound of sirens from emergency vehicles. Pray for the people who might be in trouble.

**February 26**

Fast from e-mail, text messaging, or both for a day.

**February 27**

Speak less and listen more. Give others the gift of your undivided attention.


**FEAST OF THE CHAIR OF**  
**ST. PETER, APOSTLE**  
**(FEAST DAY - FEBRUARY 22)**
**What is the Chair of Peter?**

It depends on what you mean.

On the one hand, there is a physical object--an ancient, ornamented chair--located in the apse of St. Peter's Basilica.

On the other hand, there is the spiritual authority that this chair represents.

Here we will look at both the physical object and the spiritual reality it represents.

**What is the physical Chair of St. Peter?**

This object--known as the *Cathedra Petri* (Latin, "Chair of Peter")--is located in the apse of St. Peter's Basilica. It is in the back of the chamber, behind the famous altar, on the far, back wall, below the well-known, stained glass image depicting the Holy Spirit as a dove (see above).

This display contains an ancient chair that has been repaired and ornamented over time.

The Chair of St Peter, represented in the apse of the Vatican Basilica is a monumental sculpture by Bernini.

However, less emphasis on the archaeological authenticity of the chair than on its spiritual significance.

**What is the spiritual significance?**

According to Pope Benedict:

*This is a very ancient tradition, proven to have existed in Rome since the fourth century. On it we give thanks to God for the mission he entrusted to the Apostle Peter and his Successors. "Cathedra" literally means the established seat of the Bishop, placed in the mother church of a diocese which for this reason is known as a "cathedral"; it is the symbol of the Bishop's authority and in particular, of his "magisterium", that is, the evangelical teaching which, as a successor of the Apostles, he is called to safeguard and to transmit to the Christian Community. . . .*

The See of Rome, after St Peter's travels, thus came to be recognized as the See of the Successor of Peter, and its Bishop's "cathedra" represented the

mission entrusted to him by Christ to tend his entire flock.

It is a symbol of the special mission of Peter and his Successors to tend Christ's flock, keeping it united in faith and in charity [Angelus, Feb. 19, 2012]. Celebrating the "Chair" of Peter, therefore, means attributing a strong spiritual significance to it and recognizing it as a privileged sign of the love of God, the eternal Good Shepherd, who wanted to gather his whole Church and lead her on the path of salvation.

St. Peter was the prince of the apostles and the first pope. Jesus said to him, **"You are Peter, and on this rock I will build my church"** (Matthew 16:18). The name 'Peter' means rock.

After Jesus went back to heaven, St. Peter preached the Gospel. He guided the small but growing Christian community. At first, Peter worked hard in Jerusalem and in Antioch, two big cities of the east. Later, he went to preach the Gospel in Rome, the capital of the world.

How would Peter carry out his great mission for the Lord? Jesus, his Master had been crucified but then had risen from the dead. Who would believe that?

But the Holy Spirit was alive in Peter. He boldly took up the ministry Jesus had given to him. Never again would Peter deny his Lord. Never again would Peter put his own personal well-being before the good of the Church.

St. Peter was put to death and died a martyr for his faith in Jesus, but down through the ages there has always been a bishop of Rome. He is the pope. The pope rules the whole Church, as St. Peter did, in Jesus' name. We call the successor of St. Peter the Holy Father.

**The feast of St. Peter's Chair at Rome reminds us that St. Peter started the Christian community in that city.**

