



INTERNATIONAL CATHOLIC COMMUNITY

SACRED HEART OF JESUS CHURCH

January 23-24, 2016 151 Hong Feng Road, Pudong, Shanghai 201206, China 浦东金桥红枫路 151 号靠近碧云路

CHURCH CLERGY

Priests:

Rev. Joseph Zeng, Pastor of Chinese Community
Rev. Francis Fang, Pastor of International Community
Mobile: 138-1750-3946 E-mail: bkfang@yahoo.com

MASS SCHEDULE

Sunday Masses: 8:00 am (Chinese); 10:30 am (English)
Saturday Masses: 7:00 am (Chinese); 5:00 pm (English)
Weekday Mass: 7:00 am (Chinese); Monday to Friday

CONFESSIONS

Saturday and Sunday 20 minutes before the English Masses

RECEIVING COMMUNION

Only baptized Catholics who have received *First Holy Communion* may receive Holy Communion. Adults and children who have not received first communion cannot receive Holy Communion.

RITE of CHRISTIAN INITIATION for ADULT(RCIA) A process for those who are curious about the Catholic Faith and who wants to become Catholic. Appropriate for (ages 7+) who are not yet baptized, for those who have been baptized in another faith and would like to become Catholic, and for Catholic who have not completed all of sacraments of initiation (Confirmation, 1st Eucharist) Contact I-chien at icliou@yahoo.com

ROSARY PRAYER GROUP Sundays after Mass & Mondays at 10:30am in Room 104 (except for public & school holiday.)

PARKING For everyone's safety, please park your car for free at the Marriott Pudong East basement garage on Xin Jin Qiao Lu across from the Church for Mass attendees. Please refrain from parking in the Church courtyard, except for the elderly & handicapped.

ST FRANCIS XAVIER CHURCH

185 Dongjiadu Road

English Masses:

Sat 5pm; Sun 11:00am

ST IGNATIUS CATHEDRAL

158 Puxi Road, Xujiahui

English Mass: Sun 12 noon

ST PETER'S CHURCH

270 S Chongqing Road, Puxi

English: Sat 5:00pm; Sun 11:00am

Korean: Sun 5:00pm

<http://SPICES.internationalparish.org>

DAILY READINGS

Sunday, January 24, 2016

1st Read: Nehemiah 8:2-4,5-6,8-10

Psalm: Psalms 19:8,9,10,15

2nd Read: 1 Corinthians 12:12-30

Gospel: Luke 1:1-4;4:14-21

Monday, January 25, 2016

1st Read: Acts 22:3-16

Psalm: Psalms 117:1,2

Gospel: Mark 16:15-18

Tuesday, January 26, 2016

1st Read: 2 Timothy 1:1-8

Psalm: Psalms 96:1-2,2-3,7-8,10

Gospel: Mark 3:31-35

Wednesday, January 27, 2016

1st Read: 2 Samuel 7:4-17

Psalm: Psalms 89:4-5,27-28,29-30

Gospel: Mark 4:1-20

Thursday, January 28, 2016

1st Read: 2 Samuel 7:18-19,24-29

Psalm: Psalms 132:1-2,3-5,11,12,13-14

Gospel: Mark 4:21-25

Friday, January 29, 2016

1st Read: 2 Samuel 11:1-4,5-10,13-17

Psalm: Psalms 51:3-4,5-6,7,10-11

Gospel: Mark 4:26-34

Saturday, January 30, 2016

1st Read: 2 Samuel 12:1-7,10-17

Psalm: Psalms 51:12-13,14-15,16-17

Gospel: Mark 4:35-41

STATIONS OF THE CROSS &

LENTEN SOUP SUPPER

FRIDAYS



Sacred Heart of Jesus is offering Stations of the Cross and Lenten Soup Supper on Friday evenings 6:30-8:30pm during Lent. The first session will start on February 12. Come join us and bring your family to walk with Jesus and eat a simple supper with friends. All are welcome.

HOSPITALITY HELP NEEDED

We are looking for volunteers to help with monthly coffee, Station of the Cross soup, Easter egg hunt and Feast of Pentecost celebration.

A great and fun way to serve and meet people.

Please contact Norma at taklanazy@yahoo.com

BULLETIN HELP NEEDED

We are looking for someone to help create the parish bulletin. Our current bulletin editor will be repatriating after Chinese New Year and would like to start training a new volunteer. No experience is necessary. Knowledge of Word is helpful. If you would like more information, please email Albus at albertpioq07@hotmail.com

SAVE THE DATE! A LENTEN RETREAT ON "VIBRANT SPIRITUALITY"



Vibrant Spirituality is tapping into the living presence of Jesus in the Sacraments, Community living, prayer life, charity and walking the faith.

As St. Paul sums up well:

"In Him I live and breathe and have my being" - Acts 17:28

Date: Friday, March 4 (6:30pm) till Sunday, March 6 (3pm)

Venue: Guang Qi Spiritual Centre in Jinze

Cost: RM450 (includes room, food and transportation)

A "live-in" retreat by Father (Padre) Simon Pereira, a dynamic and sought after Redemptorist preacher and retreat master from Singapore.

Limited spaces, please email Anne at anneteh2@outlook.com to register.

Thought of the Day

"We will either accuse ourselves or excuse ourselves."

-St. John Vianney

**"VIBRANT SPIRITUALITY"
YOUTH RALLY**



A great boost of your faith surrounded in fun, friends, food, and a great speaker!



Date: Friday night, **March 11** & Saturday, **March 12** all day
Hosted in Pudong.

For more information, email Lisa D'Souza at shjyouthgroup@gmail.com

MARRIAGE MOMENT

Show your love. Give your love. Receive love back.



A husband gave his wife an enormous bouquet of roses for her birthday. She was so pleased with the smell and sight, she split up the entire bouquet and put small vases all around the house. When the husband saw the bouquet destroyed, he was frustrated that the gift he had given had been taken apart. The wife was happy with the gift and saw the reminder of her husband's thoughtfulness in each room she walked into. ...Two perspectives, one gift. And, so it goes with our spouses when we misread their gift of love and perceive it differently. Do you know your spouse's "love language"? Gary Chapman, an renowned author, comments in his book, "The Five Love Languages", that often spouses miss the expressions of love that the other spouse is sending. And, even more saddening, a spouse doesn't receive love in the language that they most desire. I ask again, "Do you know your spouse's 'love language'?"

Go online and find out your love language and your spouses. And, then - try to show your spouse love in the method that is most appealing to them. Watch the wonderful results!!

For more information on *The Five Love Languages* and finding out yours and your spouses.

<http://www.5lovelanguages.com/profile/>



It's the start of a New Year - Be a part of something that connects you to meeting friends in the Faith and growing closer to Jesus.

Come to Youth Group Friday nights.

Youth group meets twice a month on Friday nights for FOOD, FUN, FRIENDS & FAITH.

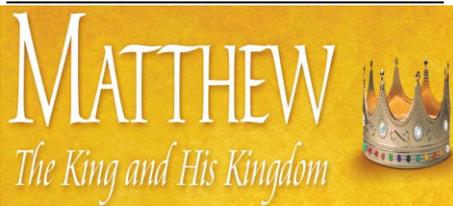
All are welcomed. Come with a friend or come by yourself. You will be greeted quickly by the teen and adult leaders! Please try out the Friday night gatherings. They are a great night to just be yourself and share the Faith while munching on pizza and snacks. If you have any questions, please send me an email. Lisa D'Souza, coordinator of Youth Ministry (shjyouthgroup@gmail.com)



Youth group member, Samuel Tan, plays the drum at Mass. Any teens is welcomed to join in.

UPCOMING FRIDAY NIGHT GATHERINGS from 6:30pm-8:30pm
Come for dinner, meet in social room (#101) **FEB. 19th**

**GOSPEL OF MATTHEW:
THE KING AND HIS KINGDOM**



Begin the New Year with this exciting bible study presented by Jeff Cavins which brings the Gospel of Matthew to life and draws you closer to Christ. It will help you to live out a more happy and peaceful life in the Beatitude and understand more fully God's will for us today.

Come join us, Weekday

Every Thursday from 10:00am - 12:30pm at the Social Room

OR Weekend

Every Saturday from 2:30pm - 4:45pm at Room 204 (1st Floor)

To register email Pauline at paulinelimb@gmail.com.

ACTS: THE SPREAD OF THE KINGDOM



If you ever wondered what Acts is really about, how the Early Church relates to our church today or about your role in the Kingdom of God, then join us for Acts: The Spread of the Kingdom. The inspiring study of Acts will enrich your faith, as you share the joys and struggles of living the life of Christ and be empowered by the Holy Spirit.

Come join us, Weekday

Every Wednesday, from 10:00am - 12:30pm at the Social Room

OR Weekend

Saturday, from 9:00am - 11:00am at the Social Room

Email Anne at

anneteh2@outlook.com to register.



On June 17, 2012, last day of the International Eucharistic Congress in Dublin, Pope Benedict XVI announced that the 51st International Eucharistic Congress in 2016 would be held in Cebu City, Philippines.

1. What is the International Eucharistic Congress (IEC)?

IEC is an international gathering of people which aims to:

- promote an awareness of the central place of the Eucharist in the life and mission of the Catholic Church
- help improve our understanding and celebration of the liturgy
- Draw attention to the social dimension of the Eucharist

2. What is the Eucharist?

The Eucharist is the Sacrament in which Jesus Christ gives Himself—His Body and Blood—for us, so that we too might give ourselves to Him in love and be united with Him in Holy Communion (YOUCAT, 208). What are the different names of the Holy Eucharist?

The different names indicate the profound richness of this mystery: the Holy Sacrifice; Holy Mass; the Sacrifice of the Mass; the Lord's Supper; the Breaking of Bread; Eucharistic celebration; the Memorial of the Lord's Passion, Death and Resurrection; the Holy and Divine Liturgy; the Sacred Mysteries; Holy Communion (YOUCAT, 212).

3. Who is leading the IEC 2016?

The Pontifical Committee on International Eucharistic Congress, headed by Archbishop Piero Marini and based in Rome, initiates and coordinates the IEC at the global level. It designates the Local Committee in Cebu, presided over by Archbishop Jose S. Palma, to organize and prepare for the Congress in 2016. The Local Committee in Cebu is supported by the National Committee, consisting of the Permanent Committee for International Eucharistic Congresses of the CBCP, headed by Archbishop Romulo Valles, and the other commissions and offices of the

Catholic Bishops' Conference of the Philippines.

4. What are the objectives of a Eucharistic Congress?

The objective of a Eucharistic Congress is to enhance and deepen the understanding, appreciation and celebration of the Eucharist in all its dimensions:

- To support a deeper understanding of a meaningful celebration of the Mass;
- To extend the worship of the Blessed Sacrament outside the Mass itself;
- To help people reflect on the social implications of the Eucharist so that the influence or fruit of our celebration and adoration permeate the whole of our personal and social life.

5. Who can convoke a Eucharistic Congress?

Not all Eucharistic Congresses are international. Some countries have been known to hold national, local, diocesan or parish Eucharistic Congresses. The Episcopal Conference of a particular country may summon a National Eucharistic Congress.

“CHRIST IN YOU, OUR HOPE OF GLORY”

The Eucharist: source and goal of the Church's mission

6. What are the essential features of the IEC?

At the center of a Eucharistic Congress is the celebration of the Eucharist, the center of Christian life. Other important features include:

- Series of catechism that focuses on the different dimensions of the Eucharist, followed by personal testimonials that will deepen the catechism in real life experience.*
- Daily adoration of the Blessed Sacrament in designated churches and in the site of the Congress itself.*
- The Sacrament of Confession is also available daily.*
- A Eucharistic procession that helps to express a public and ritual dimension of the faith in the Eucharist.*

7. How long does an IEC last?

Normally, an International Eucharistic Congress lasts for 8 days. It opens on a Sunday and ends on the following Sunday.

8. When and how did the IEC begin?

The idea of a Eucharistic Congress (originally called Eucharistic pilgrimages) came from the insight of and commitment of Emelie-Marie Tamisier, a laywoman from France. International Eucharistic Congresses began in 1881 as the fruit of the works of St. Peter Julian Eymard, Apostle of the Eucharist.

The particular Church of the Philippines invites the universal Church to celebrate the Eucharist, to reflect on it, to pray together, to share love, friendship and life. Trying to translate the theme, “Christ in you, our hope and glory” (Col. 1:27), the Congress will involve significant catechesis and engaging testimonies, cultural and social events, moments of friendship and conviviality as a gathering of peoples who recognize that the risen Christ, celebrated and prayed, is the heart of their life experience. With the theme of hope, the announcement of the gift of God to the young, of which Asia is very rich, will be recovered as well as the

commitment to the ranks of the poor of the continent (Pontifical Commission). The word “hope” makes direct

reference to young people, the hope of the future. And so they will also have a special place in the Congress where the Church educates to life, to love, to social charity through the tools of the ecclesial communion, the vocational call, a strong commitment, the voluntary work, etc. The word “hope” also refers to the incredible human resources represented by the cultures of different peoples, what they have created with their intelligence and their hands, the treasures of their wisdom and their centuries-old traditions, their concrete way of being human. As in the messianic banquet, around the table of the Body and Blood of the Lord are gathering all the nations of the world with their wonderful variety of traditions and cultures whose differences are transformed by the Eucharist towards a new civilization

GOSPEL READING**First Reading***Nehemiah 8:2-4a,5-6,8-10*

Ezra reads from the book of the Law and interprets it for all to understand.

Responsorial Psalm*Psalm 19:8,9,10,15*

A song in praise of the Law of the Lord

Second Reading*1 Corinthians 12:12-30* (or shorter form, *1 Corinthians 12:12-14,27*)

Paul explains that all were baptized into the one body of Christ.

Gospel Reading*Luke 1:1-4; 4:14-21*

In the synagogue at Nazareth, Jesus reads aloud from the scroll of the prophet Isaiah and announces that this Scripture is now fulfilled.

Today's Gospel reading combines two separate passages taken from the Gospel of Luke. First we hear the opening verses where Luke establishes the purpose of his Gospel. His style is typical of polished Greek and Roman literature. In this passage, we learn that Luke may have written to a specific person, Theophilus; but the word Theophilus may also be a general reference, functioning as the phrase "Dear Reader" might in contemporary writing. In Greek, the word Theophilus translates as "lover of God." Today's Gospel reading then skips several chapters in which one would find the Infancy Narratives, Jesus' baptism by John, the temptations Jesus faced in the desert, and the beginning of Jesus' public ministry. In chapter four of Luke's Gospel, we hear that Jesus is in his hometown of Nazareth, attending the synagogue on the Sabbath, which is said to be his custom. In this account, we find another important clue that Jesus lived as a faithful, observant Jew. We will continue to read from Luke's Gospel in sequence for the next two Sundays.

As Jesus stands in the synagogue, he reads from the scroll handed to him; it contains the words of the prophet Isaiah. At this early moment in his ministry, Jesus announces his mission in continuity with Israel's prophetic tradition. This reading from Isaiah defines Jesus' ministry. We will find more evidence of this as we continue

to read from Luke's Gospel throughout the year. Jesus' ministry will include bringing glad tidings to the poor, liberty to captives, healing to the sick, freedom to the oppressed, and proclaiming a year acceptable to the Lord.

Through this text from Isaiah, Jesus announces God's salvation. The "year acceptable to the Lord" is a reference to the Jewish tradition of Sabbath years and jubilee. The Sabbath year was observed every seventh year. It was a year of rest when land was left fallow and food stores were to be shared equally with all. A year of Jubilee was celebrated every fiftieth year, the conclusion of seven cycles of Sabbath years. It was a year of renewal in which debts were forgiven and slaves were freed.

This tradition of Jubilee is the framework for God's promise of salvation. And yet in Jesus, something



new begins. Jesus not only announces God's salvation, he brings this salvation about in his person. Jesus is Yahweh's Anointed One, filled with the Spirit of God. The Kingdom of God is now at hand. It is made present in Jesus, in his life, death, and Resurrection. Jesus will send the Holy Spirit so that the Kingdom of God can be fulfilled.

The Holy Spirit is Jesus' gift to the Church. The Holy Spirit enables the Church to continue the mission of Jesus. When we do what Jesus did—bring glad tidings to the poor, liberty to captives, healing to the sick, and freedom to the oppressed—we serve the Kingdom of God.

GOSPEL REFLECTION

Our faith tells us that Jesus is the Lord and Messiah—something that even his own townsfolk could not believe. If they had a hard time accepting Jesus, what about us? Unlike them, our faith has to be based upon what we have not seen or heard.

However, while we are not eyewitnesses as the Nazarenes were, we do have some very solid evidence that can help bolster our faith and our hope.

First, Roman soldiers were ordered to guard the tomb of Jesus. The penalty for any guard who might fall asleep while on watch was death. So there was no way that a disciple could tamper with the tomb or remove the body of Jesus.

Second, three days later, Jesus' tomb was found to be empty—exactly as he predicted. The huge stone that had blocked the tomb was rolled away. The guards, all toughened soldiers, were scared to death. It appears that even they fainted in the presence of the risen Jesus (Matthew 28:4).

Third, many witnesses, including Peter, James, Mary Magdalene, and some five hundred other disciples—many of whom were still alive twenty years after Jesus had died—gave unswerving testimony that they had seen Jesus after he had risen from the dead (1 Corinthians 15:5-8).

Fourth, according to St. Paul: "If the Spirit of him who raised Jesus from the dead dwells in you, he ... will give life to your mortal bodies also through his Spirit that dwells in you" (Romans 8:11). In simpler words, people who have invited the Holy Spirit into their lives have come to know the power of God and the presence of the risen Christ through personal experience.

It must be true! Jesus has risen from the dead! Jesus predicted it. From age to age, people have testified to it. And even today, both believers and the Holy Spirit himself continue to testify to it. So place your hope in Jesus. He will not fail you. Make the decision today to give your life to him, and watch him prove himself to you all over again.

"Jesus, you are my Lord."